



## **2018-2019 MONTHLY SUPPORT GROUPS**

Family Caregivers are encouraged to call to confirm dates, times and locations by calling **714-446-5030** or **800-543-8312** website: [www.caregiveroc.org](http://www.caregiveroc.org)

Our Mission is to increase the quality of life for caregivers by helping families and communities master the challenges of caregiving. No registration required.

### **GENERAL CAREGIVER GROUPS**

#### **Fullerton – Thrive Not Survive**

2nd and 4th Wednesday each month  
10:00 a.m.-11:30 a.m.  
St. Jude Community Services Building  
130 W. Bastanchury Road  
Fullerton, CA 92835

#### **Laguna Hills – Thrive Not Survive**

1st and 3rd Wednesday each month  
10:00 a.m. – 11:30 a.m.  
Florence Sylvester Memorial Senior Center  
23721 Moulton Parkway  
Laguna Hills, CA 92653

#### **Newport Beach – Thrive Not Survive**

2nd Friday each month  
1:15 p.m. – 2:30 p.m.  
Hoag Health Center, Room #7  
520 Superior Avenue  
Newport Beach, CA 92663

#### **Orange – Thrive Not Survive**

1st and 3rd Tuesday each month  
7:00 p.m. – 8:30 p.m.  
Park Plaza  
620 S. Glassell Street  
Orange, CA 92866

#### **Other Languages:**

##### **Garden Grove – Vietnamese**

3rd Tuesday each month, 5:30 p.m. – 7:00 p.m.  
Acacia Adult Day Services  
11391 Acacia Parkway, Garden Grove, CA 92840

##### **Garden Grove – Spanish**

2nd Wednesday each month, 3:00 p.m. – 4:00 p.m.  
Acacia Adult Day Services  
11391 Acacia Parkway, Garden Grove, CA 92840

##### **Tustin – Spanish**

3rd Wednesday each month  
9:30 a.m. – 11:00 a.m.  
Tustin Senior Center  
200 S. C Street, Tustin, CA 92780

### **SPECIALIZED CAREGIVER GROUPS**

#### **Fullerton – For caregivers who care for loved one with speech impairment (aphasia)**

Every Monday  
10:00 a.m. – 11:00 a.m.  
First Presbyterian Church, 838 N. Euclid Street  
Fullerton, CA 92832

#### **Fullerton – Traumatic Brain Injury**

**Adult survivors and caregivers**  
2nd and 4th Friday each month  
10:00 a.m. – 11:30 a.m.  
St Jude Brain Injury Network  
St Jude Community Services Building  
130 W. Bastanchury Road  
Fullerton, CA 92835

#### **Fullerton – Millennial Caregivers (18-35 year olds)**

3<sup>rd</sup> Tuesday of each month  
6:30 p.m. – 8:00 p.m.  
St. Jude Community Services Building  
130 W. Bastanchury Road  
Fullerton, CA 92835

#### **Fullerton – Male Caregivers**

4<sup>th</sup> Tuesday of each month.  
6:30 p.m. – 8:00 p.m.  
St. Jude Community Services Building  
130 W. Bastanchury Road  
Fullerton, CA 92835

#### **Irvine – Huntington's Disease**

**Breaks into 3 groups: caregivers, at-risk and individuals with Huntington's disease**

2nd Sunday each month  
6:00 p.m. – 8:00 p.m.  
Irvine Presbyterian Church  
4445 Alton Parkway  
Irvine, CA 92604