

# Caregiver Support Group

## *Thrive Not Survive*



WOW!!! Caregiving can be challenging.  
Maybe you have experienced some different thoughts and feelings about caregiving.

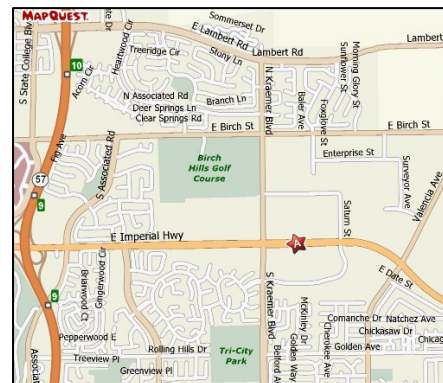
Our goal is to increase your confidence as a caregiver, improve the skills that you have developed, and to offer a safe place to share your feelings.

**We Welcome You to Join Us.**



2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month  
10:00 AM – 11:30 AM

**Caregiver Resource Center**  
*St. Jude Centers for Rehab & Wellness*  
2<sup>nd</sup> Floor Conference Room  
2767 E. Imperial Hwy.  
Brea, CA 92821



For more information, please call (714) 870-3530 or (800) 543-8312