



# Family Caregiver Support Groups

## Monthly Schedule | In-Person

GROUP	LANGUAGE	DAYS	TIME	CITY
<b>MONDAYS</b>				
<u>Aphasia Support Group</u>	English	2 <sup>nd</sup> & 4 <sup>th</sup> Mondays	10:00 - 11:00 AM	Brea
<u>HOPE Cancer Support Group</u>	English	3 <sup>rd</sup> Monday	6:00 - 7:30 PM	Fullerton
<b>TUESDAYS</b>				
<u>Caregiver Support Group</u>	Vietnamese	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesdays	11:00 - 12:00 PM	Fountain Valley
<u>Transitions (After Caregiving)</u>	English	3 <sup>rd</sup> Tuesday	1:00 - 3:00 PM	Orange
<b>WEDNESDAYS</b>				
<u>Caregiver Support Group</u>	English	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesdays	10:00 - 11:30 AM	Fullerton
<b>THURSDAYS</b>				
<u>Caregivers Connecting Through Art</u>	English	2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays	10:00 - 11:30 AM	Fullerton
<u>Transitions (After Caregiving)</u>	Vietnamese	2 <sup>nd</sup> Thursday	10:30 - 11:30 AM	Garden Grove
<u>Caregiver Support Group</u>	Vietnamese	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday	10:30 - 12:00 PM	Fountain Valley
<u>Caregiver Support Group</u>	English	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday	10:30 - 12:00 PM	Tustin

**To learn more about how to join a support group, please call our office at:  
800-543-8312 or 714-446-5030**

The materials or product were a result of a project funded by a contract with the California Department of Aging (CDA), as allocated by the Orange County Board of Supervisors and administered by the Orange County Office on Aging. Supporting data is available by contacting Caregiver Resource Center OC at 130 W. Bastanchury Road, Fullerton, CA 92835 (714) 446-5030. The conclusions and opinions expressed may not be those of the CDA and that the publication may not be based upon or inclusive of all raw data. Services are provided free of charge. Voluntary contributions are gratefully accepted, and no one is denied for inability to contribute.



# Family Caregiver Support Groups

## Monthly Schedule | Virtual

GROUP	LANGUAGE	DAYS	TIME
<b>MONDAYS</b>			
<u>Caregiver Support Group</u>	English	1 <sup>st</sup> & 3 <sup>rd</sup> Mondays	10:00 - 11:00 AM
<u>Care Facility Caregiver Support Group</u>	English	2 <sup>nd</sup> & 4 <sup>th</sup> Mondays	1:30 - 2:30 PM
<u>Traumatic Brain Injury Support Group</u>	English	2 <sup>nd</sup> & 4 <sup>th</sup> Mondays	5:30 - 6:30 PM
<b>TUESDAYS</b>			
<u>Men's Caregiver Support Group</u>	English	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesdays	3:00 - 4:00 PM
<b>WEDNESDAYS</b>			
<u>Caregiver Support Group</u>	English	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesdays	1:30 PM - 2:30 PM
<u>Caregiver Support Group for Spouses</u>	English	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesdays	4:00 - 5:00 PM
<u>Telephonic Support Group</u>	Spanish	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesdays	5:00 - 6:00 PM
<u>"Sandwich Generations" &amp; Young Caregivers Support Group</u>	English	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesdays	6:30 - 7:30 PM
<b>THURSDAYS</b>			
<u>Dementia Support Group</u>	English	2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays	10:30 - 11:30 AM

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